

LMRCBulletin



City's Pride...

May, 2019 Volume IV, Issue No. 2

MD's MESSAGE

Lucknow Metro Rail Corporation Ltd. yet again created a record in the history of Metro project execution by commencing Metro Services on the complete N-S corridor of Lucknow Metro Phase 1A project from CCS Airport to Munshipulia in a record period of less than four & a half years, 36 days ahead of it's schedule. Hon'ble Prime Minister, India flagged-off the inaugural Metro train on 8th March, 2019 via video conferencing in the auspicious presence of Shri Hardeep Singh Puri, Union Minister of State (Independent Charge), Housing & Urban Affairs; Shri Ram Naik, Hon'ble Governor, Uttar Pradesh; Shri Yogi Adityanath, Hon'ble Chief Minister, Uttar Pradesh and other distinguished guests and invitees.

It indeed, is a historical achievement for LMRC. We lived up to the expectations of the public by delivering a highly reliable, safe and environment friendly, complex world class Metro system to this beautiful City in a record time, setting up a new benchmark in the history of Metro construction in our Country and probably in the world. I congratulate the whole team of LMRC, GC and Contractors on this wonderful achievement.

On behalf of LMRC I convey my heartiest gratitude to the people of Lucknow in providing excellent support to us during implementation of this project in spite of many inconveniences and also would take the privilege to request



everybody to use Metro as much as possible and contribute in making the city clean, green and pollution free.

We have another pride in our achievements by getting our all 21 Metro stations certified as the highest "Platinum Rated Green Buildings" by the Indian Green Building Council. Whole team including small environmental team of LMRC needs to be applauded for this remarkable achievement.

The tireless effort of the team for the last more than 4 and a 1/2 years have brought out these achievements and glory to LMRC. However, there is no time to

relax. We have to whole heartedly devote ourselves to our commuters to give them greatest satisfaction in operation of services. We have to also proceed very fast on implementation of even bigger Metro projects in Kanpur and Agra with more vigour and enthusiasm to fulfil the expectations of the Government.

We should be thankful to God that he has given us the opportunity to serve the Nation by providing world class public transport in our cities. We should also remember that success is only a journey, not a destination.

Miles to go before we relax!!

Kumar Keshav Managing Director

Editorial LMRC has started the Metro services on whole North-South corridor on 8th March, 2019 and it is a memorable experience for all the employees of LMRC. Therefore, I request you to share your feelings about the Metro journey through this news bulletin by contributing your write-ups, articles, photographs, selfies etc. to the Public Relations Department. Alternately, you can also send your mails to lmrcbulletin@gmail.com in this regard.

EDITOR

LUCKNOW METRO CELEBRATES EARTH DAY 2019; PLETHORA OF CULTURAL EVENTS ORGANISED FOR CHILDREN

In line with its vision of 'Green Metro Clean Metro', Lucknow Metro Rail Corporation (LMRC) celebrated Earth Day on 22nd April, 2019 with a host of various cultural events and activities for the school students and kids of NGOs. To commemorate Earth Day a plethora of cultural



activities were organized at the performing arena at Hazratganj Metro station where the budding talents from different branches of schools showcased their talents. A street play was held on the theme 'Our Mother Earth' by the students of CMS School (Gomti Nagar branch) highlighting the conservation of forest and hydro energy. To mark this occasion a special Quiz competition was hosted at the radio station in collaboration with Lucknow Metro to create awareness about our mother Earth, its species and our Environment.



LMRCBulletin



May, 2019 Volume IV, Issue No. 2

LUCKNOW METRO ORGANISES STRESS MANAGEMENT & ERGONOMICS SESSION FOR ITS EMPLOYEES

As part of employee motivation and value addition, Lucknow Metro, recently organized a session on stress management titled "Stress at Workplace" at Transport Nagar Metro Depot. Dr. Umar Mushir, a well known psychiatrist from Apollomedics Hospital conducted the session and touched upon various issues including the types of stress, the need for lifestyle changes and the symptoms to know when it is the time to consult a doctor to seek help. He also stressed upon the right amount of sleep and effective ways to deal with deadlines making it easier for a person to cope with stress.

LMRC also conducted a session on ergonomics for its employees with the aim of generating awareness about overall wellbeing of an individual. Various issues like text neck, the term used to describe the neck pain and damage sustained from looking down at one's cell phone; spondylitis, strength, agility etc. were discussed during the session.



GLIMPSE OF THE INAUGURATION OF LUCKNOW METRO ON ENTIRE NORTH SOUTH CORRIDOR (PHASE-1A)







INDIAN GREEN BUILDING COUNCIL (IGBC) CERTIFIES LMRC WITH GREEN METRO RAIL SYSTEM ONCE AGAIN; AWARDS PLATINUM CERTIFICATION TO ALL METRO STATIONS

The Indian Green Building Council (IGBC) – one of the apex body in India to rate and certify a system as a 'Green' system – has certified LMRC a "Green Metro Rail System" once again, thereby, awarding platinum certificate to all its Metro stations of the North-South corridor from CCS Airport to Munshipulia. With this, all 21 stations of Lucknow Metro are now platinum certified which is a highest green rating for any civil structure or building.

Platinum certificates and plaques for 13 Metro stations of the



balanced section of the North-South corridor was handed over to Shri Kumar Keshav, Managing Director, LMRC by Shri Ankit Gupta and Shri Anupam Mittal from CII-IGBC on 8th May, 2019 at the LMRC Administrative Office, Gomti Nagar. Speaking on the occasion, Shri Kumar, Managing Director said "this is an excellent achievement for LMRC and it will encourage other coming Metro in the Country to adapt green system during the construction of the project".